



Master of Arts In Counselling

CARIBBEAN NAZARENE COLLEGE

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Mission of the Master of Arts in Counselling

The mission of the Master of Arts in Counselling degree programme is to produce graduates with effective counselling skills, committed to responding to spiritual, social, and emotional needs by developing a biblically oriented, theoretical and practical understanding of human nature and counselling techniques.

Programme Overview

The Master of Arts in Counselling is designed to prepare the student for the specialized field of counselling within professional settings, schools, the context of the local church, and church-related agencies. The programme enables the student to integrate the most effective models and theories of counselling, as well as, a sound biblical and theological perspective. The programme focuses on provision of basic intervention and referral strategies for individuals, couples, and families, as well as, assists in the development of specialty areas in the field of counselling. Some of these specialty areas or Emphases include: marriage and family counselling, addiction counselling, school counselling, trauma and crises interventions, and forensic psychology.

The program utilizes a variety of learning models and emphasizes skill development in perception, cognitive and affective integration, practical application, and theological reflection. Students are challenged to integrate theory, practice, experience, theology and spirituality, within a post-modern pluralistic society.

Programme Aims

1. To empower students to become professional, competent, ethical leaders and providers of counselling services.
2. To equip students with the knowledge and techniques of how to apply psychological principles of counselling to self and others.
3. To assist students in the formulation of a spiritual and theoretical understanding of counselling.
4. To promote an awareness of the relationship between the behavioural sciences and the spiritual perspective as they relate to the counselling process.

Programme Outcomes

At the completion of the Master of Arts degree programme in Counselling, students would be able to:

1. Demonstrate professional, legal, ethical leadership, and spiritual principles in the practice of counselling.
2. Pursue a commitment to one's personal growth and self-understanding in being a professional counsellor.
3. Apply the knowledge of the spectrum of counselling and psychological theories and related clinical modalities.
4. To practice advanced counselling skills, diagnosis, assessments, referrals and professional ethics within various environments, including, educational, vocational, career, health, rehabilitative and pastoral settings.

Name of Programme

The Programme shall be called the Master of Arts in Counselling.

Where cohort numbers are met the Emphases offered shall be included together with the programme name on the student transcript.

The Emphases offered shall be:

- School Counselling
- Marriage and Family Therapy
- Trauma and Crisis Counselling
- Forensic Counselling
- Addiction Counselling
- Mediation Studies.

Programme Number

The Programme number is MA 002

FINANCIAL INFORMATION*

Students are required to pay for a minimum of 63 credits @ *\$1357.14 per credit hour. The total estimated tuition cost of the programme is approximately \$85,500 TTD. This does not include cost for books and other student fees. Government Assistance for Tuition Expenses (GATE), as well as, the Higher Education Loan Programme (HELP) are available for all nationals of Trinidad and Tobago. ***Please consult with the Business Office and/or the financial information sheet for further details.***

PROGRAMME ADMISSION

Entrance Requirements

1. **Baccalaureate degree in Psychology** or related field, with a **minimum Grade Point Average (G.P.A.) – 2.7** (4.00 scale), from a national/regionally accredited college or university, or a college recognized by an Accrediting Association of Bible Colleges, such as the Caribbean Evangelical Theological Association (CETA). The degree should include the following:

- **A minimum of 18 semester hours of undergraduate psychology and counselling credits, comprising of:**
 - a. Introduction to Psychology
 - b. Abnormal Psychology
 - c. Developmental Psychology
 - d. Psychological Testing (incl. Experimental Psychology)
 - e. Social Psychology
 - f. A course in Basic Counselling Skills

N.B. These courses or evaluated equivalents constitute prerequisite courses for the MA in Counselling programme

2. Applicants who do not meet the requirements above must complete the specified prerequisite courses, as an addition to a first degree, in order to be admitted into the Programme.

3. **Required Professional Counselling** (at least three sessions) for prospective students. All students must participate in therapy as a client before admission to the programme. The College does not cover the cost of counselling services for students. Although the school does not require a detailed report on the content of your counselling sessions, we require a statement from the counsellor affirming your eligibility for the programme.

The counsellor/therapist seen by the student must have a minimum of a Master's Degree in the counselling profession.

4. Applicants must be willing to observe and respect the policies of the College as a Christian institution.

Admissions Process

Applicants will be required to:

1. Submit a completed application for Graduate Admissions form.
2. Submit typed responses of at least one page each (single space) to the following questions:
 - a. What are some life events which may have influenced your decision to pursue a profession in counselling?
 - b. What is your perspective of counselling as a profession?
 - c. What is your perspective of counselling in terms of your own spirituality?
 - d. How do you hope to use this training?
3. Have sent directly to the College, three letters of recommendation from persons familiar with the applicant's academic suitability for graduate studies and one's personal maturity and suitability for counselling, or spiritual direction: pastor/religious leader, professional counsellor, teacher/academic advisor, previous/current/work supervisor.
4. Have sent directly to the College, official transcripts from all undergraduate and graduate schools you have attended. Those who have a degree from Caribbean Nazarene College will not need to send a transcript. One transcript must document proof of graduation with a baccalaureate degree.
5. Have sent directly to the College a professional therapist / counsellor's statement, on the specified form, verifying that you have had at least three sessions, and an assessment of your eligibility for the programme.
6. Participate in an interview with a counselling faculty member or the Director of Enrolment Management. (This is only done if necessary).

Senior Undergraduate Elective

A senior undergraduate of CNC who is within the last semester of completing the course requirements for the baccalaureate degree or other person who has not earned the baccalaureate degree and who:

1. Is of good moral character as evidenced either by a pastor's recommendations or current undergraduate registration at Caribbean Nazarene College.
2. Is seemingly able to do graduate work as evidenced by undergraduate transcripts, may, with the approval of the Dean of Academic Affairs, register for graduate courses for no more than three semester hours.

To obtain regular graduate status after being granted the bachelor's degree, the student must follow regular graduate admission procedures.

Senior graduate students may take courses to fill undergraduate needs, for certification, for enrichment, or for future use in the graduate program. However, graduate courses will not count for both undergraduate and graduate credit.

Transfer of Credit Policy

Upon approval, transfer credit may be given on the following conditions:

1. A maximum of eighteen semester hours of equivalent graduate courses taken within the past ten years;
2. Grade must be B or above. Course work shall be evaluated on a case by case basis for each applicant;
3. Courses must be from a recognized, registered or accredited Institution;
4. Applicant must submit an official transcript with proof of acceptable completion of the course;
5. A course outline/syllabus for each course is required;
6. Complete CNC's official form for credit transfer request

N.B. The following are the credits per semester contact hours equivalency:

- one (1) credit per semester hour equivalent 15 contact hours;
- two (2) credits equivalent to 30 contact hours;
- three (3) credits equivalent to a minimum of 40 to a maximum 45 contact hours.

Auditing

For students who choose to audit classes, the requirement for auditing is class participation and attendance. In recognition of the effort made for self-improvement, students who complete the entire programme of study (except the practicum/internship) through auditing will receive a certificate of participation, as stipulated under the Tuition Rates.

Special Students

Applicants who have undergraduate experience and years of practice in an area of emphasis may be allowed to do up to two courses in that particular emphasis. A certificate of completion shall be awarded for the courses done. However, full entry requirements would be needed to complete the Emphasis. The Admissions Committee may grant special leave to complete an Emphasis upon satisfactory documentary evidence of a minimum of five years in the field of practice and academic competence. Cohort numbers will also be a determining factor.

Those doing courses as Special Students will be required to pay a rate of \$1500 per credit hour.

Time Limit Requirements and Extensions

The programme is structured to be completed in two years. However, students have up to five years to complete all the requirements for the programme. After this time, students may be awarded degrees at the discretion of the Academic Affairs committee.

Course work must be completed and submitted to the instructor in time for grades to be posted by the instructor within thirty days after attending a module. With permission of the instructor, students with extenuating circumstances may request from the Dean of Post Graduate Studies an extension not to exceed two weeks. Students unable to meet the time limit requirements may request a change of status to audit, without change in fees. Changes in registration are final. There are specific time limits for Practicum and Internship which are outlined in the Practicum and Internship Handbook.

REQUIREMENTS TO GRADUATE

Personal Growth

Students are required to demonstrate personal growth and development throughout the programme.

Required Professional Counselling (R.P.C)

All students are required to participate in therapy as a client before and during the programme.

Therapy will be required in the following stages for all students:

- a) A minimum of three (3) sessions for all prospective students before admissions to the programme.
- b) Individual Psychological Evaluation before the commencement of the Internship. This will be done utilizing the 16 PF® Fifth Edition Personality Test Questionnaires online. (Students are required to consult the College Counsellor for information concerning the taking of the test). It is highly recommended that this evaluation be completed within the first three months of the programme, and that therapy sessions be scheduled with a therapist on a regular basis thereafter, in order to prepare the student for Internship.
- c) Upon receipt of the Evaluation Report, all students will be required to undergo a minimum of ten (10) sessions of therapy as a prerequisite for commencing the Internship.

N.B. The College does not cover the cost of Counselling/Therapy for students. Although the College does not require a detailed report on the content of the counselling/therapy sessions, we require a statement from the Counsellor/Therapist confirming the hours of therapy and affirming suitability/eligibility for admission to the Programme in (a) above, as well as, for the commencement of the Internship in (c).

The Therapist/Counsellor seen by the student must have a minimum of a Master's Degree in the Counselling profession.

Coursework

Students must complete all required course work and maintain a minimum GPA of 2.7 in order to complete the program. Courses must be repeated if a grade below C (2.0) is received.

Practicum and Portfolio (In area of General Counselling or Emphasis where applicable)

The Practicum is clinical observations working with a qualified professional as a site Supervisor and an appointed qualified College faculty member or Practicum/Internship Coordinator qualified in the specialized area of Practicum. The practicum of 100 hours (to be completed in three months) is concurrent with the program during the first year of study. The student is required to devote at least 60 percent of the practicum hours to the area of emphasis or interest. The student documents in a portfolio the hours involved in counselling at an approved site and in-class supervised experiences by profiling the problem and what was discussed. The student takes this information to a qualified consultant/Practicum Internship Coordinator for written comments. A faculty committee comprising the Dean of Post Graduate Studies, the Programme Director, the Practicum/Internship Coordinator and/or another member of Faculty shall review the portfolio in order to award a grade.

Internship and Portfolio (In area of General Counselling or Emphasis where applicable)

The Internship is clinical hands on experience working with a qualified clinical site supervisor and an appointed qualified faculty representative, in this case, the Practicum/Internship Coordinator qualified. Students will complete a minimum of 200 hours of Internship (within a five month period) at an approved site. The student is required to devote at least 60 percent of the internship hours to the area of emphasis or interest. In addition, a portfolio describing the experiences during the entire Internship should be submitted approximately six weeks prior to graduation or no later than one week prior to the Exit Interview. The Portfolio will also be assessed by a faculty committee including the Dean of Post Graduate Studies, the Programme Director, the Practicum/Internship Coordinator and/or another member of faculty in order to award a grade.

TEACHING/LEARNING METHODS

Teaching strategies used in this programme include: Classroom instructions, multimedia presentations, role play, group work, book reviews, case studies, assigned readings, seminars, discussions, library research, individual presentations, online research, field work, workshops, and lectures.

ASSESSMENT METHODS

Assessment methods in this programme include: Quizzes, term papers, final exams, peer review, group project evaluation, role play evaluation, portfolio, practicum, internship, reflection papers, journals, class participation, individual presentation evaluation.

GRADING SYSTEM

The following grading system, with assigned letter grades, percentages and designated grade points per credit hour, is used for the calculation of scholarships, academic progress and honours.

A 96-100%	(4.0)	Superior	C+71-75 %	(2.3)	Satisfactory
A- 91-95 %	(3.7)		C 66-70%	(2.0)	
B+ 86-90%	(3.3)	Good	C- 61-65%	(1.7)	
B 81-85 %	(3.0)		D+ 56-60%	(1.3)	Poor
B- 76-80%	(2.7)		D 51-55 %	(1.0)	
			D- 46-50%	(0.7)	
			F less than 46	(0.0)	Failing

P Pass: satisfactory work; credit hours earned.

S Pass: satisfactory work: credit hours earned.

U Failure: unsatisfactory work; no credit hours earned.

WP Withdrew passing: student was passing at the time of withdrawal within the first 6 weeks of a regular semester or its equivalent proportion for a module i.e. within the first 16-18 hours of 3 credit course.

WF Withdrew failing: student was failing at the time of withdrawal within the first 6 weeks of a regular semester or its equivalent proportion for a module i.e. within the first 16-18 hours of 3 credit course.

Any withdrawal after 6 weeks or its modular equivalent receives an F grade. Exceptions to this may be made by the Academic Affairs Committee under unusual circumstances,

The grades S, U, W, F, and P are not given any grade points, nor are credit hours for which these grades are assigned included in calculating grade point averages.

STRUCTURE OF THE PROGRAMME

The programme structure consists of 63credits with the breakdown as follows:

1. A General Core of 17 compulsory courses with a total of 51 credits, comprising 15 taught courses, a Practicum related to the emphasis or area of specialization, and an Internship related to the area of specialization.

2. An Emphasis or area of specialization comprising of at least 12 compulsory credits. The current Emphases are:

1. **School Counselling**
2. **Marriage and Family Therapy**
3. **Trauma and Crisis Interventions**
4. **Forensic Counselling**
5. **Addiction Counselling**
6. **Mediation Studies.**

(N.B. This is dependent on cohort numbers)

N.B. Where there is insufficient cohort numbers for the Emphases to be offered 12 credits of electives chosen from the emphases will be offered together with the General Core in order to satisfy the degree requirements.

These Electives are:

MACMF 600 Marriage and Family Counselling (3cr.)
MACAC 601 Interventions in Addictive Disorders (3cr.)*
MACTC 600- Introduction to Trauma (3cr.)
MACSC 600 Child and Adolescent Disorders (3cr.)

1. GENERAL CORE COURSES

MAC 590 Academic Writing and Research Skills (3cr.)
MAC 600 Communication & Listening Skills (3cr.)
MAC 610 Development of Philosophical Perspective of Counselling (3cr.)
MAC 730 Research Methods I (3cr)
MAC 630 Conflict Management and Interpersonal Relations (3cr.)
MAC 690 Social and Cultural Foundations of Counselling (3cr.)
MAC 740 Advanced Counselling Skills (3cr.)
MAC 660 Legal, Ethical & Practical Issues in Counselling (3cr.)
MAC 780 Practicum and Portfolio (3cr.)
MAC 640 Intervention in Behaviour Disorders (3cr.)
MAC 680 Psychopathology (3cr.)
MAC 720 Career Counselling (3cr.)
MAC 710 Assessment & Diagnosis (3cr.)
MAC 670 Lifespan Counselling (3cr.)
MAC 750 Group Procedures in Counselling (3cr)
MAC 770 Research Methods II (3cr.)
MAC 790 Internship and Portfolio

2. EMPHASES / SPECIALIZATION COURSES

- School Counselling

MACSC 600 Child and Adolescent Disorders (3cr.)
MACSC 601 Risk and Resiliency in Children and Youth (3cr.)
MACSC 602 Strategies in School Guidance and Counselling (3cr.)
MACSC 603 Exceptional Child (3cr.) (*Elective*)
MACSC 604 Counselling in the School Setting (3cr.)

- Marriage and Family Therapy

MACMF 600 Marriage and Family Counselling (3cr.)

MACMF 601 Couple Therapy (3cr.)

MACMF 602 Family Therapy (3cr.)

MACMF 603 Intimacy, Human Sexuality and Gender Issues (3cr.)

MACMF 604 Play Therapy: Lifespan Applications (3cr.) (*Elective*)

- Trauma and Crisis Interventions

MACTC 600- Introduction to Trauma (3cr.)

MACTC 601 - Crisis Management (3cr.)

MACTC 602 - Crisis, Trauma, and Disaster Response (3cr.)

MACTC 603 - Individual Crisis, Trauma, and Recovery (3cr.)

- Forensic Counselling

MACFC 600 - Interventions in Forensic Populations (3cr.)

MACFC 601 - Consultations and Testimony in Forensic Psychology (3cr.)

MACFC 602 - Professional and Ethical Practice (Forensic) I (3cr.)

MACFC 603 - Professional and Ethical Practice (Forensic) II (3cr.)

- Addiction Counselling

MACAC600 Addictive Behaviours and Disorders (3cr.)

MACAC 601 Interventions in Addictive Disorders (3cr.)*

MACAC 601 Psychopharmacology (3cr.)

MACAC 602 - Recovery and Relapse Prevention (3cr.)

MACAC 604 - Children and Addiction (3cr.) (*Elective*)

- Mediation Studies

MACMS 600 – Negotiation (3cr.)

MACMS 601- Anthropological Psychology (3cr.)

MACMS 602 - Interpersonal Conflict (3cr.) (*Elective*)

MACMS 603 - Conflict Intervention Skills (3cr.)

MACMS 604 - Principles of Conflict Analysis (3cr.)

PROGRAMME REQUIREMENTS

REQUIRED COHORT NUMBERS

1. The Master of Arts in Counselling with Emphases programme operate based on cohort numbers. A minimum of ten students are required to do the General Core.
2. A Minimum of 8 students are required to do an Emphasis.
3. In the event where the numbers required for the General Core has been met and the numbers for any one of the emphases has not been met, the students so affected may join any other emphasis where there is sufficient numbers or complete 12 credits of electives chosen by the Dean of Post Graduate Studies to form a class to complete the degree requirements.
- 4 In the event where the numbers required for the General Core has been met, but there are insufficient numbers to offer an emphasis, the students may agree to collectively pursue one emphasis or complete the degree doing 12 credits of electives chosen by the Dean of Post Graduate Studies.
5. In cases where no Emphasis can be offered due to lack of cohort numbers students are required to complete their Practicum and Internship in the area of general counselling. A maximum of 60 percent of hours required for both Practicum and Internship should be devoted to an area of interest identified while doing the courses in the general core and associated with the student's dissertation.

PROGRAMME SCHEDULE

This is a two-year programme offered in a modular format. Courses are offered one course per month in a 2 – 3 week period, mainly Monday to Friday between the hours of 5:00pm - 9:00pm. Credits are earned after completing course requirements. One credit is equivalent to 15 taught hours. Two credits is equivalent to 30 taught hours, and three credits equivalent to a minimum of 40 or maximum 45 taught hours. However, the Practicum and Internship credits are earned after completing course requirements and the necessary practicum and internship hours.

First Year

MAC 590 Academic Writing and Research Skills	3.0
MAC 600 Communication & Listening Skills	3.0
MAC 610 Development of Philosophical Perspective of Counselling	3.0
MAC 730 Research Methods I	3.0
MAC 630 Conflict Management and Interpersonal Relations	3.0
MAC 690 Social and Cultural Foundations of Counselling	3.0
MAC 740 Advanced Counselling Skills	3.0
MAC 660 Legal, Ethical & Practical Issues in Counselling	3.0
MAC 780 Practicum and Portfolio	3.0

Second Year

MAC 640 Intervention in Behaviour Disorders	3.0
MAC 680 Psychopathology	3.0
MAC 720 Career Counselling	3.0
MAC 710 Assessment & Diagnosis	3.0
MAC 650 Interventions in Addictive Disorders	3.0
MAC 670 Lifespan Counselling	3.0
MAC 620 Marriage & Family Counselling	3.0
MAC 750 Group Procedures in Counselling	3.0
MAC 770 Research Methods II	3.0
MAC 790 Internship and Portfolio	3.0

N.B. The first two courses from each Emphasis will be offered in the first year, while the other two will be offered in the second year.

Alternatively, if no Emphasis can be offered due to cohort numbers the required Electives will be offered as substitutes.

COURSE DESCRIPTIONS

1. GENERAL CORE COURSES

MAC 580 Library Orientation (NC) no credit

An orientation to the Wesley Harmon Library is required by all registered students at the beginning of their first semester. This includes familiarization of our Catalogue and Library systems both manual and online. Students will also be informed of the Library's policies and regulations including our computer usage.

MAC 590 Academic Writing and Research Skills (3cr.)

This course will revisit the basics of Grammar and the fundamentals for writing effectively in academic and professional contexts with reference to APA style. It puts emphasis upon use of lingua franca as opposed to vernacular, and introduces students to different styles of writing to create effectiveness in communication. Also students will learn to edit their own writing and write with panache, as professionals in command of a given field of knowledge.

MAC 600 Communication and Listening Skills (3cr.)

The course will examine types of listening, models of effective verbal and non-verbal communication, problem solving strategies, analysis vs. understanding; games people play, leadership styles, counselling ethics, etc.

MAC 610 Development of Philosophical Perspective of Counselling (3cr.)

Psychological models, theories of counselling, and philosophical systems will be presented. Integration of biblical concepts and these theories will be encouraged for students to develop an individual framework from which to assist individuals.

MAC 630 Conflict Management and Interpersonal Relations (3cr.)

A focus on group interaction skills and the management of individual and professional priorities will be emphasized. Some of the areas covered will include behavioural style analysis, verbal and non-verbal communication processes within groups, conflict management including mediation, understanding and controlling emotions. The aim is to help the students to better understand themselves, their strengths and weaknesses, as well as to help them seek better ways of understanding and relating to others in counselling situations.

MAC 640 Interventions in Behaviour Disorders (3cr.)

This course examines intervention strategies with guilt (spiritual, psychological, and ontological), anxiety, inhibition and fear, depression (exogenous, endogenous, and existential), pessimism, defensiveness, anger, resentment, self-centeredness, low self-image, loneliness, etc. Special emphasis will be given to the use of behaviour therapies.

MAC 660 Legal, Ethical, and Practical Issues of Professional Counselling (3cr.)

This course will review the ethical, legal and professional issues within the practice of counselling, including the issues of ethical leadership. Primary attention will be given to issues of personal integrity, clients' rights, confidentiality, record keeping, legal concerns, testing certification and licensure. Emphasis will be on the counsellor's responses to counselling situations and the process of resolving ethical dilemmas and maintaining professional competency.

MAC 670 Life Span Counselling (3cr.)

This course will examine the developmental issues in childhood, adolescence, adulthood and the aging process, as well as, socio-cultural influences and process implications in counselling and the preventive and ameliorative care through the stages, passages, and crises of life. Students will be required to write a 6000 words integration paper with appropriate clinical interventions including counselling techniques used with one of the following: children, youth or with adults.

Pre-requisite: PS 260 Developmental Psychology

MAC 680 Psychopathology (3cr.)

This course will focus on major contemporary theories of psychopathology and how these relate to abnormal individual and family functioning. It will examine the categorization of psychopathology including etiology, assessment and diagnosis of such phenomena as mood disorders, personality disorders, and various kinds of chemical dependencies using the DSM-V as the basis for evaluation. It will also examine the role of the counsellor as a holistic care facilitator with an interest in psychological, psychiatric, and social service referral resources; visitation to and development of a file on one's local referral resources, as well as, types of psycho-pharmaceuticals used in the treatment of psychopathology.

Pre-requisite: PS 410 Abnormal psychology

MAC 690 Social and Cultural Foundations in Counselling (3cr.)

An overview and analysis of the social and cultural foundations in counselling that affect the counselling profession in the Caribbean will be presented. Reference will be made to the counselling system in diverse cultures for comparative purposes. A 6,000-word integration paper is required.

MAC 710 Assessment and Diagnosis (3cr.)

This course is a study of human attributes (aptitudes, abilities, personality, interests, and mental status) and their role as behavioural determinants. Methodological issues encountered in the assessment of psychological traits and types will be covered. Assisting counselling personnel in acquiring the knowledge, understanding, and skills necessary to obtain records and appraise information regarding an individual will also be included. Attention will be given to the administration and use of standardized tests, scales, inventories, interviews, and collateral information.

Pre-requisite: PS 400 Psychological Tests and Measurements

MAC 720 Career Counselling (3cr.)

The course will introduce students to the fundamentals of career counselling drawing on contemporary counselling theory and practice. The student gains a solid academic grounding in the theory of career counselling and a comprehensive understanding of the needs, issues and concerns of clients. The stages of the career counselling process are explored together with client assessment and the use of assessment instruments when working with clients. Detailed treatment is given to job hunting skills, interpersonal relationships on the job, financial planning and coping with changes. The module ends with guidelines on developing a Vocational /Career Counselling Assessment programme in schools.

MAC 730 Research Methods I (3cr.)

The course will review some of the basic concepts and principles in the conduct of applied social science research. A distinction will be made between methodologies used in quantitative research as opposed to those used in qualitative research endeavours, but the emphasis will be put upon developing the skills and techniques that are required to conduct research within a counselling framework. The course will include a critical analysis of a research project that will be undertaken as a requirement for successful course completion.

MAC 740 Advanced Counselling Skills (3cr.)

The course will equip students to cope with the challenges of living in the post-modern age. The approach will be integrative and engage students to use various theoretical Constraints such as Psychoanalytical Therapy, Adlerian Therapy, Reality Therapy, Behaviour Therapy, Person Centred Therapy, Gestalt Psycho Drama, Re-decision Therapy, Cognitive Behaviour Therapy, Feminist Therapy, and Family System Therapy.

Students will be required to demonstrate how therapy might be applied to a variety of cases and how concepts and techniques might be borrowed from a variety of theoretical models and applied to the different phases of the Counselling process.

MAC 750 Group Procedures in Counselling (3cr.)

The course examines the process dynamics of groups including group development, leadership, norms and therapeutic factors. Group counselling theories and approaches used for other group work including skills, personal growth, support, vocational, and developmental guidance groups are included. Knowledge and skills of how to facilitate therapeutic groups are included. Students will be required to be participants/observers or facilitators of a group outside of class time.

MAC 770 Research Methods II (6cr.)

This is a directed research course which offers an opportunity for students to research a topic of particular concern to them and to write a 15,000- 20,000 words dissertation on the chosen topic in the area of specialization or interest.(60-80 pages -12 font -Times Romans New- APA style) . The course is a yearlong one with an appointed faculty supervisor who is responsible for directing the course, as well as, an advisor, who will guide the student in the area of research. The student is required to follow all the fundamentals of quantitative and qualitative research in the Social sciences. The dissertation should include, but not limited to, an integration of theological/biblical perspective with a sociological perspective. Topics include but are not restricted to: assessment methods, gender studies, cultural diversity and sensitivity in therapy, substance abuse issues, human sexuality, counselling the terminally ill, counselling the elderly patient, the physical and mentally challenged, alternative theories of psychotherapy, abusive relationships, and marriage/family issues, forensic counselling , school counselling, mediation, conflict resolution, trauma and crisis, victimology.

The final document will be assessed and graded by an Assessment Panel comprising: the Academic Dean, MA Programme Director, Faculty Supervisor, Faculty Advisor and any other member of Faculty, if necessary.

MAC780 Practicum and Portfolio (3cr.)

The practicum of 100 hours is concurrent with the program during the first year of study. The student documents in a portfolio the hours involved in classroom participation, observation and in counselling by profiling the problem and what was discussed. The student takes this information to a qualified consultant for his/her observations about the student's approach to the problem concerned in the counselling experience. The consultant will make written comments. The MAC Programme reviews the total activity.

Prerequisites: To commence Practicum students must have completed 16 PF Psychological evaluation, as well as, commenced therapy. Students must complete at least 6 courses including MAC 590, MAC 610 and MAC 740.

MAC790 Internship and Portfolio (6cr.)

A 200 hours internship programme in which students learn and reflect upon the skills required for effective counselling in a number of specialized settings including hospitals, schools, parishes, prisons, family clinics, courts, police stations, hospices and community organizations serving HIV/AIDS patients, the homeless, the mentally ill, and the homebound. Utilizing didactic seminars, group process and individual supervision, the program offers students internship experience and provides them with an integration of psychological models and theories of counselling, as well as, a theological perspective for understanding the issues that arise from this experience.

Prerequisites: To commence Internship students must complete 16PF evaluation and a minimum of 10 therapy sessions. Also students must complete a minimum of 10 courses including MAC 670, 680 and/or at least one course in the area of Emphasis.

Permission of the Practicum/Internship Coordinator is required before acceptance by the director of the chosen institution where students desire to gain experience.

2. EMPHASES/SPECIALIZATIONS COURSES

- **School Counselling**

MACSC 600 Child and Adolescent Disorders (3cr.)

The goal of this course is to provide students with a concentrated study of various childhood and adolescent disorders. The etiology, diagnostic criteria, assessment needs, and recommended intervention and treatment strategies of childhood disorders will be presented. A focus will be placed on understanding the disorders in school settings, including the role of Special Education. An integrative perspective will be taken that acknowledges biological, psychological, social, and cultural influences and their interdependence, and is guided by the consideration of developmental processes that shape and are shaped by the expression of these disorders. Co-morbidities and developmental norms that help inform diagnostic decisions will also be discussed.

MACSC 601 Risk and Resiliency in Children and Youth (3cr.)

This course examines sources of biological and social risk that impede the development of personal wellness, academic achievement, and social competency in children and adolescents. Students explore the prevalence of these risk factors nationwide and in local communities, with emphasis on sources of resiliency that ameliorate risk and are enhanced by community, environmental, institutional, and cultural protective factors and opportunities. Students are exposed to and guided in assessing current, local partnerships between school, county, and community agencies addressing barriers that hinder children's personal, social, and academic functioning. Students also gain an understanding of the multifaceted role school counsellors have as advocates for and designers of policies, comprehensive programs, and collaborative services that are equitable and responsive to the needs of diverse children and their families. Legal and ethical issues in working with these populations are addressed throughout the course.

MACSC 602 Strategies in School Guidance and Counselling (3cr.)

This course integrates theory, practice, and research to provide an overview of school counselling models, services, and skills. Students will familiarize themselves with governmental policy or models on guidance and counselling. They will become familiar with the roles and functions of the professional school counsellor across levels. Students will understand different models of and develop essential skills in consultation, coordination, and collaboration. They will understand how school counsellors advocate and take leadership for systemic change.

Students will develop skills for designing, implementing, evaluating, and advocating for comprehensive school counselling programs that include all students and meet the needs of diverse student populations. Students will begin to develop a professional identity as School Guidance Counsellors.

MACSC 603 The Exceptional Child (3cr.) - Elective

This class introduces students to the cognitive, psychosocial, and psychomotor needs of students with a variety of disabilities. Focus is placed on a need-based model of assessment, program planning, and evaluation. Instructional strategies are evaluated in terms of their impact on various disabilities.

MACSC 604 Counselling in the School Setting (3cr.)

This course examines counselling practices and theory in relation to children and adolescents in the school setting and the role and function of the Counsellor as a partner in the learning process. Focus is on developmental needs and age-related issues; guidance counselling in classroom and multicultural settings; collaboration with school team members and families, and related ethics. Special problems of physical and sexual abuse, substance abuse, suicide, and grief; and career and college preparation are also examined.

- **Marriage and Family Therapy**

MACMF 600 Marriage and Family Counselling (3cr.)

This course surveys the history and major contemporary approaches to couple, marriage and family counselling. Focusing on the systemic perspective, consideration is given to sociocultural factors and diversity, family life cycle/development, healthy family functioning, approaches to prevention as well as intervention, various practice settings, professional organizations and licensing, systemic conceptualizing of presenting concerns and family dynamics, systemic assessment and procedures in a multicultural society, whom to involve in the therapeutic process, evidence-based treatments, an overview of marriage enrichment resources and relevant research findings that inform the practice of marriage, couple, and family counselling prevention and intervention.

MACMF 601 Couple Therapy (3cr.)

This course equips the student to function more effectively in providing systemically-oriented conjoint couple therapy. Attention is given to understanding and assessing the couple as an interacting system; treatment planning; developing and maintaining therapeutic balance; and acquiring and practicing specific skills and frameworks for systemic case conceptualization, intervention, and termination.

Focus is on an integrative, holistic paradigm of couple functioning, including diversity. A common-factor and core competencies approach to interventions and the use of the therapeutic triangle as the basic structure for conjoint couple counselling are emphasized throughout.

MACMF 602 Family Therapy (3cr.)

This course explores and applies fundamental knowledge and skills utilized in the treatment of relational systems. Perceptual, conceptual and executive skills will be developed through direct case application of required reading as well as simulated therapy sessions with specific client families. The student will also demonstrate an awareness of current best practice strategies, while also exploring issues of justice and advocacy as embedded in relational ethics and the challenge of interpersonal forgiveness. In addition, the student will identify multi-model intake and initial assessment methods. Instruction format includes a hybrid-learning environment utilizing both face-to-face and online class activities.

MACMF 603 Intimacy, Human Sexuality and Gender Issues (3cr.)

Compulsory

The theological and psychological study of human interaction in relationships with emphasis on intimacy and sexuality. Additional areas of study include the many dimensions of human sexuality such as: gender issues, anatomy, physiology, identity, values, culture, relationships, family, spirituality, dysfunction, ethics, therapy techniques, and the prevention and treatment of sexual abuse for both perpetrators and survivors and ethics. Students will evaluate their perceptions about their sexuality in order to understand the impact of the clinician's values on clients.

MACMF 604 Play Therapy: Lifespan Applications (3cr.) - Elective

This course will cover an introduction to the theory and practice of play therapy as a primary therapeutic approach when working with children in individual and family psychotherapy. The course is designed to prepare the student to effectively provide developmentally appropriate counselling for children, focusing on the development of a therapist-child relationship and utilization of play media in the systemic counselling process as a means to facilitate expression, self-understanding, and personal growth and development. Students will become familiar with play therapy theory techniques, therapeutic stages, ethical issues, and application. Observation of and experience in play therapy are an integral part of this course.

- **Trauma and Crisis Interventions**

MACTC 600- Introduction to Trauma (3cr.)

This course is an introduction to clinical victimology, trauma theory and practice for people working in a clinical setting of victims of trauma and interpersonal violence. The impact of trauma on the developmental process throughout the life cycle will be examined. During the first half of the class attention will be given to the prevalence and culture of violence. In the second half of the class, various treatment approaches for children and adults will be examined. Additionally, the class will examine the effects of secondary trauma that the helpers of victims experience.

MACTC 601 Crisis Management (3 cr.)

In this course, students learn the fundamentals of crisis management and crisis leadership. In addition, students develop an understanding of the theories and models related to crises, disasters, and other trauma-causing events. Students also learn about ethical, legal, and diversity considerations in crisis and trauma response. By the end of the course, students understand models for training and supporting other counsellors in the areas of crisis response applicable to community, national, and international crises. Furthermore, students develop a crisis management plan for their own community.

MACTC 602 Crisis, Trauma, and Disaster Response (3cr.)

This course is designed to provide students with an understanding of the systemic impact of crises, disasters, and other trauma-causing events on marriages, couples, families, and households. Students are exposed to the knowledge, skills, and practices specific to crisis counselling, including theories of crisis intervention; models for working with children and adolescents; working with victims of violence and their abusers; assessing and intervening with suicidal clients; and issues of health-related, school, and mental health crises. Students will critically analyse research and learn methods for applying research findings to crisis intervention. Legal and ethical issues related to crisis counselling are explored.

MACTC 603 Individual Crisis, Trauma, and Recovery (3 cr.)

This course is designed to address the mental health needs of individuals who are traumatized by violence, neglect, natural disasters, emotional abuse, and man-made disasters with an emphasis on post-traumatic stress disorder (PTSD), dissociative identity disorder (DID), and vicarious trauma. Students will gain both practical and empirical information about how trauma impacts the whole person, how to make assessments on trauma victims, and how to treat trauma-related disorders.

In addition, the course focuses on providing support for first-line responders, such as mental health providers, military personnel, medical personnel, police and fire personnel, victim advocates, and family members who care for traumatized people.

- **Forensic Counselling**

MACFC 600 Interventions in Forensic Populations (3cr.)

The course examines approaches to intervention employed by psychologists in various forensic populations such as: sex offenders, substance abusers, victims of crime, and employee assistance to law enforcement personnel settings. It will focus on the theory and practice of traditional forms of intervention, such as individual and group psychotherapy, as well as, recent developments in intervention, including restorative justice. Areas to be covered will include: the assessment, treatment and prevention of child maltreatment; interviewing child witnesses; specific issues in interventions with crime victims; dealing with spousal violence; counselling and mediation in the Family Court; the prevention of juvenile offending; and the interventions involving violent offenders.

MACFC 601 Consultations and Testimony in Forensic Psychology (3cr.)

This course offers an overview of ethical, legal and professional practice issues to be considered when clinicians are asked to provide consultation and/or testimony in court proceedings. Consultation and court-room testimony will be differentiated. Informed standards in providing both forensic consultations and court-room testimony will be highlighted. Consultation scenarios and mock testimonies will be an integral aspect of this course.

MACFC 602 Professional and Ethical Practice (Forensic) I (3cr.)

This course has a practical component and provides an introduction to skills training in a variety of tasks undertaken by forensic psychologists. It focuses on practical training of forensic skills and a thorough understanding of ethical principles and practices within professional settings. Attendance at one-day workshops and meetings is required. Skills training include: interviewing, cognitive techniques, providing expert testimony, and interviewing children. There is a strong focus on the code of professional conduct, and ethical issues that arise in the context of working with individuals, cultural groups, organizations, other professionals and the public at large.

To meet the requirements of this course student must complete at least 100 hours of professional practice, including professional seminars, workshops, and external placements. All placement and activity associated with this course must be done in writing with the approval of the Course facilitator. A Course portfolio is required for the organization and documentation of the practical component of this course. This portfolio shall constitute 60% of course work. Students have a maximum of 30 days to complete the requirements of this part of the course.

Students must complete a minimum of three different field placements, which may include the courts, police, prisons, or other related forensic settings.

N.B. Students are advised to take fulltime leave in order to meet the demands of this course.

MACFC 603 Professional and Ethical Practice (Forensic) II (3cr.)

This represents a continuation of the course Professional and Ethical Practice I. In addition to field placements, this course continues with the training of psychological skills and ethical practices required in the professional context. Attendance at workshops and meetings is required.

Skills training includes interviewing families, group and jury processes, professional supervision, and mediation counselling. Weekly meetings will also deal with the conduct of professional psychologists, with a strong focus on the maintenance of ethical practices.

To meet the requirements of this course student must complete at least 100 hours of professional practice, including professional seminars, workshops, and external placements. All placement and activity associated with this course must be done in writing with the approval of the Course facilitator. A Course portfolio is required for the organization and documentation of the practical component of this course. This portfolio shall constitute 60% of course work. Students have a maximum of 30 days to complete the requirements of this part of the course.

Students must complete a minimum of three different field placements, which may include the courts, police, prisons, or other related forensic settings.

N.B. Students are advised to take fulltime leave in order to meet the demands of this course.

- **Addiction Counselling**

MACAC 600 Addictive Behaviours and Disorders (3cr.)

This course will cover the behavioural signs of a chemical addiction and the personality changes of the addict. Students will learn about every major addiction and their common symptoms and causes, while examining real world case studies to learn about each condition.

MACAC 601 Interventions in Addictive Disorders (3cr.)*

This course prepares student for conducting interventions, as well as, for work in organizations that address the effects of addiction on the individual, the family, and the society. Firstly, students will acquire knowledge of addiction, and the influences leading to addictive behaviours. Students will be exposed to the theoretical bases on which various interventions have been developed, and the response to the problem of addiction locally and in other countries. Secondly, students will be encouraged to utilize the new information in formulating approaches toward relating to addicted persons, and ministering to them in a non- judgmental manner. Finally, throughout the course, students will be sharing and reflecting on the new information and experiences obtained from readings, and review of research studies, and the ways in which their learning has been developed.

MACAC 601 Psychopharmacology (3cr.)

This course provides an introduction to pharmacological agents that affect mental and emotional functions. Focus of the course will be on identification and comprehension of the effects and the actions of psychoactive drugs, including drugs used in the treatment of psychopathological disorders and drugs of abuse. Multicultural and ethical components are integrated.

MACAC 602 Recovery and Relapse Prevention (3cr.)

This course emphasizes techniques and tactics for beginning a patient's recovery process. Students examine the typical stages of drug addiction recovery and the treatments that go along with them, and ways to stop drug relapse are also discussed.

MACAC 604 Children and Addiction (3cr.) - Elective

This course teaches students about the special circumstances of childhood and how they can affect addiction. Students examine the social dynamics of high school, parental abuse, and other addiction enablers.

- **Mediation Studies**

MACMS 600 Negotiation (3cr.)

The course reviews the importance of negotiation as one of the basic components of mediation, and is designed to integrate knowledge of negotiation theory and behaviours into conflict intervention strategies. Focus will be given to the sources and role of "power" in negotiation, exploring the strengths and weaknesses of integrative and distributive bargaining techniques, understanding which technique to use and developing the ability to manage the consequences of different negotiation styles coming into contact with one another.

MACMS 601 Anthropological Psychology (3cr.)

This course is a psychological and anthropological exploration of the identity and understanding of self in relation to the cultural heritage and the roots of conflict associated with the peoples of the Caribbean. It will explore the cultural and psychological experience of the individual, as well as, the corporate national identity of the Caribbean peoples. Special attention will be given to the natural and spiritual dimensions which distinguish humans from the rest of the animal kingdom. This will prepare the student to better understand self and the cultural environmental context so that appropriate interventions and problem solving strategies could be made.

MACMS 602 Interpersonal Conflict (3cr.) - Elective

This course acknowledges that mediators are influenced by beliefs about conflict and the way they engage conflict in their own lives. Consequently, the course invites the student to explore the "conflict self," the way one's own conflict engagement behaviour enhances and limits one's effectiveness as an intervener. The student will confront conflict as a way to more deeply understand and appreciate the experience that one requires of each party to undertake in mediation.

MACMS 603 Conflict Intervention Skills (3cr.)

This course will explore various theoretical frameworks and approaches to conflict and learn to identify when specific tools might be most useful within any given framework. Emphasis will be placed on the concept of reflection in practice and students will learn how to use self-reflection as a tool for building competence. Students will also learn to use tools, techniques, and strategies used to assist parties in problem solving and conflict engagement

MACMS 604 Principles of Conflict Analysis (3cr.)

The course recognizes an important part of being a competent mediator is the ability to use conflict theory to inform practice. The course will examine interdisciplinary theoretical frameworks for interpreting conflict through a broad range of academic disciplines—communications, law, social psychology, anthropology, and dispute resolution. Students will critically evaluate the respective bodies of theory and test theoretical principles against their own experiences in managing conflict. Current models, approaches, styles of mediation and their theoretical underpinnings and applications will also be introduced.